***Corpus Christi Middle School***

***Physical Education***

***Expectations (and more)***

**Let us all….**

1. Come prepared (on time) for class
   1. Students MUST change from school clothes into PE appropriate clothes for class
   2. Athletic shoes, navy/grey shorts, plain t-shirt in either blue, grey or white with no printing or any CCCS

t-shirt is allowed. Navy/grey sweatshirts and sweatpants are also allowed.

1. Have a positive attitude! BE NICE!!!!
   1. Put forth a good effort
   2. Work well with EVERYBODY
2. Learn
3. Be Safe
4. Have Fun!!!

All students are expected to participate to the best of his/her ability in ALL class activities.

Students must be in the gym dressed in PE clothes and seated within 5 minutes of the start of class or they are tardy. At the end of class, students will be allowed 5 minutes to change back into school clothing (students MUST have different clothes for PE even on non-uniform days), that they will wear during the rest of the school day.

**What happens if students fail to dress properly?**

* 1st time: Loss of 3 points
* 2nd time: Loss of 3 points
* 3rd time: Lunch time detention in the gym helping clean bleachers or removing scuff marks from floor

**Grading:**

* Grades are determined 100% on points earned (12 per class period) based on…
  + - Being on time (3 points)
    - Being dressed for PE class (3 points)
    - Fully participating - effort (3 points)
    - Class conduct (3 points)
    - NOTE…students are not graded on ability…it’s all about being prepared, participating & giving full effort.

**Absences:**

* Students will earn 0 points on days they miss class. Is it the responsibility of the student to make up absences to earn all 12 points back. Students will have 1 week from the date of the absences to make up the missed day(s). These days may be made up in a number of different ways in 20 minutes.
* On my on line teacher portal you will be able to print off the missing homework assignment sheet.
* There are always extra copies outside my office door in the file box as a 2nd option to get the homework.

Let us all have a great experience in Physical Education. We will all have fun as we work hard and condition our bodies while learning various sports, games and activities.

In Health and Wellness!

Mrs. Sleeman